This small book is a great help for beginning academics who plan to write their scholarly papers. The materials are drawn from the writing workshops that the authors have organized over the years, thus the information provided are highly practical and cater to the needs of the novice writers. Although there is a “public health focus” in this book, the writing tips and recommendations are quite generic and would be useful for prospective authors coming from various healthcare disciplines.

This project report is based on a face-to-face interview with 477 youths and young adults with HIV from four major HIV treatment centres in Malaysia. The qualitative study was designed to assess the treatment, care and support services received by these young PLHIV (People Living with HIV) and assess their physical and psychosocial needs and sexual issues.